

## EVALUATION OF PROBIOTICS, PREBIOTICS AND SYNBiotics AS ALTERNATIVES TO ANTIbiOTIC GROWTH PROMOTERS ON GROWING JAPANESE QUAIL

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### SUMMARY

A total of 225 one day-old quail were randomly distributed at equal body weights into five groups at 10 days of age as control group (with no additives) , antibiotic group (control diet + sub-therapeutic dose of avilamycin 8 mg/kg diet ), prebiotic group (control diet + 800g Biolex® MB40/ton) , probiotic group (control diet + 400g AmPhi-BACT/ton) synbiotic group (control diet +800g Pre + 400g Pro). Each group was replicated three times, 15 chicks/ replicate. The best alternative to antibiotic in terms of overall growth measures was the synbiotic which had the heaviest live body weight 38d , body weight gain , faster growth rate , lower feed conversion and had the best performance index during the period 10 to 38 than other treatments (234.42g, 192.98g, 1.4g/g ,2.81g/g, and 8.46%). Moreover, symbiotic had the best lipid profile, random blood sugar, liver functions, antioxidant parameters and immune response and had the highest number of beneficial bacteria (*Lactobacillus*) and the lowest number of harmful bacteria (*E coli* and *Salmonella*) compared to control. It can be recommended that symbiotic, prebiotic and probiotic can be used as safe, economic and healthy alternatives to avilamycin (antibiotic) as growth promoters.

**Keywords:** probiotics, prebiotics, synbiotics , alternatives, antibiotic growth promoters , quail.

### INTRODUCTION

Long time ago, the use of antibiotics in poultry diets as a growth promoter (AGP) unfortunately led to poultry antibiotic resistance (Shazali et al. 2014). Therefore, the poultry industry met a great challenge to sustain growth performance due to expensive feed costs, the restriction of antimicrobial use in feeds and high residue levels in broiler meat (Olatoye and Ehinwomo, 2010). The poultry consumers, researchers and nutritionists are curious about finding proper alternatives to AGP such as phytobiotics, probiotics, prebiotics and synbiotics as useful and safe feed additives that can augment gut health and productivity.

Probiotic is a live microbial feed additive that beneficially affects through improving the microbial balance in the host animal intestine (Jaiswal et al., 2017). Hamasalim (2015) defined prebiotic as an indigestible fermented diet substrates that selectively stimulate the microflora in gastrointestinal tract (composition, growth and activity). Synbiotic refer to nutritional additive combining probiotic and prebiotic in a form of synergism, hence, synbiotic can enhance their isolated beneficial effects. Lately, several authors reported that probiotic, prebiotic or its combination supplemented to broiler diets significantly improved live body weight, live body weight gain and feed efficiency (Oliva et al., 2016; Al-sultan et al., 2016 and Calik et al., 2017) increased immune response and the intestinal microflora compared with antibiotic which decreased it (Mazhari et al., 2016) moreover, the synbiotic addition revealed the best immune response and ileal microbiology. On the other hand, probiotic, prebiotic and synbiotic had a significant decreasing effect on broiler serum cholesterol compared with flavomycin (Ashayerzadeh et al., 2011) and enhancing anti-oxidant enzyme activities (Aluwong et al., 2013) and

modified gut microflora by increasing the beneficial bacteria , high immune response which reflected as zero mortalities (Bajagai et al . 2017) and increasing carcass dressing % and all carcass cuts with no differences in giblets (Musaad et al . 2017).

## MATERIALS AND METHODS

### *Experimental birds design and diets*

A total of 225, one day-old quail were obtained from market and adapted for 10 days. Quails were randomly distributed at equal body weights into five groups as a control group (with no additives), antibiotic group (control diet + sub-therapeutic dose of avilamycin 8 mg/kg diet ), prebiotic group (control diet + 800g Biolex® MB40/ton) , probiotic group (control diet + 400g AmPhi-BACT/ton) and synbiotic group (control diet +800g Pre + 400g Pro). Each group was replicated three times, 15 chicks /replicate. Chicks were housed in a five decks, three sections quail cages with stand and dropping pans with automatic watering. The control diet was formulated to meet the nutrient requirements of the quails during the experiment period from 0 to 38 days (NRC, 1994). The composition of the basal diet is presented in Table 1. Chicks were exposed to continuous lighting and were fed and watered ad libitum. The birds were vaccinated against Newcastle virus (Lasota) via spraying at 31 day of age.

**Table (1). Composition of the experimental diet %**

Ingredient	%
Maize	56.0
Soybean meal (44 CP %)	32.0
Plant concentrate meal <sup>1</sup> (50 CP%)	10.3
Vegetable oil	0.5
DL-methionine	0.1
Salt(NaCl)	0.3
Vitamin and mineral premix <sup>2</sup>	0.3
Dicalcuom phosphate	0.5
Calculated analysis	
Metabolizable energy (kcal/kg)	2919
Crude protein	24.0
Crude fiber	3.5
Calcium	0.8
Available phosphorus	0.5

<sup>1</sup>-Plant concentrate contains (%): CP 50, CF 1.3, Ca4.72, Av P 3.1, lysine 2.8, methionine 2.1 and ME 2650 kcal/kg.

<sup>2</sup>-Premix provided per kg of diet: vitamin A, 12.000 IU; vitamin D3, 2.400 IU; vitamin E, 30 mg; vitamin K3, 4 mg; vitamin B1, 3 mg; vitamin B2, 7 mg; vitamin B6, 5 mg; vitamin B12, 15 µg; niacin, 25 mg; Fe, 80 mg; folic acid, 1 mg; pantothenic acid, 10 mg; biotin, 45 mg; choline, 125,000 mg; Cu, 5 mg; Mn, 80 mg; Zn, 60 mg; Se, 150 µg.

### *Growth parameters measured and carcass traits*

Live body weights of chicks (LBW) were individually weighed and feed consumptions per pen were weekly recorded (FI), the uneaten feed discarded, live body weight gain (BWG), growth rate (GR, according to Brody, 1945), feed conversion ratio (FCR) and performance index (PI, according to North, 1981) were calculated. On day 38 of age, six birds from each group were reweighed and slaughtered by cutting the Jugular vein, defeathered and eviscerated. Carcass yield was calculated from eviscerated weight and the dressing% was calculated, giblets weight was measured and their percentages were calculated while blood samples were collected for blood analysis. The body chemical composition was determined in triplicate according to the AOAC (1995) procedure.

### *Blood biochemical, anti-oxidant and immunity*

Individual 42 blood samples were collected in dry clean centrifuge tubes at slaughter and serum was separated by centrifugation at 3000 rpm for 15 minutes and assigned for subsequent determination. Quantitative determination was done for the following: total cholesterol (Chol), high density lipoproteins (HDL), low density lipoproteins (LDL), very low density lipoproteins (VLDL) triglycerides (Tri G),

Aspartate aminotransferase (AST) and Alanine aminotransferase (ALT). All blood biochemical parameters were calorimetrically determined using commercial diagnosing kits (produced by Spectrum Diagnostics Company, Egypt). The glutathione peroxidase (GPx, EC 1.11.1.9) calorimetrically determined according to Paglia and Valentine (1967) and thiobarbaturic acid- reactive substances' (TBAR) were performed according to Yagi (1998) using commercial diagnosing kits produced by Cayman Chemical Company (USA). The method used for the assay of chicken immunoglobulin's Isotopes IgG, IgM, and IgA in Sandwich ELISA described by Erhard et al. (1992) the absorbance measured on an ELISA plate reader set at 450 nm.

#### ***Microbial analysis***

Straightaway after slaughter, intestinal content was collected in sterile glass containers, digesta was evacuated and mixed. The sealed containers were kept in the laboratory at 4°C till enumeration of microbial population. Samples (1g of the mixed fresh mass) were taken into sterile test tubes, diluted 1:10 in sterile 0.1% peptone solution and homogenized for 3 min in a Stomacher homogenizer. Ten fold serial dilutions up to  $10^{-7}$  of each sample were prepared in nine ml of 0.1% sterile peptone solution. Viable counts of *Salmonella* spp., *Escherichia coli* (E. coli) and *Lactobacilli* spp. were performed. One milliliter of the serial dilution was incubated into sterile Petri dishes and sealed with an appropriate medium. *Lactobacillus* spp. colony count was determined using MRS agar (Biokar Diagnostic, France) after incubation in an anaerobic chamber at 37 °C for 72 h. *Salmonella* and E. coli colonies were counted on brilliant green agar plate and incubated at 37°C for 24 h. After cultivation in Petri dishes, the total colony count for *Lactobacilli*, *Salmonella* and E. coli was then calculated as the number of colonies by reciprocal of the dilution. The microbial counts were determined as colony forming units (cfu) per gram of sample.

#### ***Statistical analysis:***

Using General Linear Models (GLM) procedure of SPSS (2013), studied traits were subjected to a two-way analysis of variance with treatment and sex as main effects as follows:

$$Y_{ijk} = \mu + T_i + S_j + e_{ijk}$$

Where:  $Y_{ijk}$ : Observed value in the  $i^{\text{th}}$  treatment of the  $j^{\text{th}}$  sex of the  $k^{\text{th}}$  individual,  $\mu$ : Overall mean,  $T_i$ : Treatment effect ( $i: 1$  to  $7$ ),  $S_j$ : Sex effect ( $j: 1$  and  $2$ ) and  $e_{ijk}$ : Random error term. Means were compared for main effects by Duncan's new multiple range test (Duncan's, 1955) when significant F values were obtained.

## **RESULTS AND DISCUSSION**

#### ***Growth and carcass traits***

Treatment effect resulted in significant ( $P \leq 0.001$ ) differences in growth traits studied at 38d and 10 to 38 days of age. The groups fed diets supplemented with Synbiotic, Probiotic and Prebiotic in a descending order showed better  $LBW_{38}$ ,  $BWG_{10 \text{ to } 38}$ , faster  $GR_{10 \text{ to } 38}$ , lower  $FI_{10 \text{ to } 38}$ , better  $FC_{10 \text{ to } 38}$  and higher  $PI_{10 \text{ to } 38}$  as compared with the groups fed supplemented with avilamycin and the control diets. Similar significant effects due to sex were found in  $LBW_{38}$ ,  $BWG_{10 \text{ to } 38}$ , better  $FC_{10 \text{ to } 38}$  and higher  $PI_{10 \text{ to } 38}$  which were in favor of females (Table 2). Supplementing poultry diets with antibiotics as growth promoters increased microbial population's resistance which may threatens consumer health. Therefore, there has been a critical need to find an antibiotic alternative such as probiotics, prebiotics, and synbiotics. These alternative additives could be associated with a more efficient nutrient utilization (i.e. energy, protein, minerals and vitamins) from feed, which in turn results increasing feed efficiency by improving intestinal microflora population, intestinal integrity and stimulating appetite as well as stimulating the immune system (Al-Sultan et al., 2016) which agreed with the current results.

Dietary prebiotics, probiotic, synbiotic changed intestinal microflora towards beneficial bacteria which play an important role in the prevention of colonization by pathogens in the gastrointestinal tract of chickens through competitive exclusion (Lan et al., 2005) and to maintain healthy gut which is a key to the best growth performance (Tufan and Bolacali 2017) and healthy bird through changing small intestine morphological, by increasing villus height, villus width, and VH: CD ratio (Al-Sultan et al., 2016). *Bacillus* species are known to produce several extracellular enzymes including  $\alpha$ -amylases and cellulose, which increase nutrient digestibility and absorption. Moreover, they stimulate growth and proliferation of beneficial facultative anaerobic bacteria, such as *Lactobacilli*, by creating an anaerobic environment within the gut, which can decrease pathogenic bacteria colonization and improve intestinal

integrity (Calik et al. 2017). Regarding sex, females showed better performance than males in BW, BWG and FCR in the growth period, except total FC and total FI (Tufan and Bolacali 2017) which partly agreed with the present study.

**Table (2).** Effects of treatment and sex on growth traits of Japanese quail (Main effects)

Item	LBW <sub>10d</sub> (g)	LBW <sub>38d</sub> (g)	BWG <sub>10-38</sub> (g)	FI <sub>10-38</sub> (g)	FC <sub>10-38</sub> (g/g)	GR <sub>10-38</sub> g/g	PI <sub>10-38</sub> (%)
Treatment effect:							
Control	40.68	201.9 <sup>d</sup>	160.41 <sup>d</sup>	584.22 <sup>a</sup>	3.67 <sup>a</sup>	1.33 <sup>c</sup>	5.56 <sup>d</sup>
Avilamycin	41.50	219.68 <sup>c</sup>	178.19 <sup>c</sup>	583.64 <sup>a</sup>	3.29 <sup>b</sup>	1.37 <sup>b</sup>	6.73 <sup>c</sup>
Prebiotic	41.92	226.99 <sup>b</sup>	185.08 <sup>b</sup>	536.26 <sup>b</sup>	2.91 <sup>c</sup>	1.38 <sup>ab</sup>	7.90 <sup>b</sup>
Probiotic	41.71	228.83 <sup>ab</sup>	187.12 <sup>b</sup>	539.24 <sup>b</sup>	2.90 <sup>c</sup>	1.38 <sup>ab</sup>	8.03 <sup>b</sup>
Synbiotic	41.44	234.41 <sup>a</sup>	192.97 <sup>a</sup>	538.90 <sup>b</sup>	2.81 <sup>c</sup>	1.40 <sup>a</sup>	8.46 <sup>a</sup>
SE	0.85	2.25	1.88	4.70	0.4	0.01	0.16
Probability (P)	NS	P ≤ 0.001	P ≤ 0.001	P ≤ 0.001	P ≤ 0.001	P ≤ 0.001	P ≤ 0.001
Sex effect:							
Females (F)	42.35	227.82 <sup>a</sup>	185.47 <sup>a</sup>	554.65	3.03 <sup>b</sup>	1.37	7.76 <sup>a</sup>
Males (M)	40.55	216.58 <sup>b</sup>	176.03 <sup>b</sup>	558.25	3.20 <sup>a</sup>	1.37	6.91 <sup>b</sup>
SE	0.54	1.42	1.20	2.92	0.03	0.01	0.10
Probability (P)	NS	P ≤ 0.001	P ≤ 0.001	NS	P ≤ 0.001	NS	P ≤ 0.001
F-M	+1.8	+11.24	+9.44	-3.60	-0.17	0.00	+0.85

<sup>a-c</sup>: Means within the same column with different superscript., SE: Standard error, BWG: Body weight gain= LBW<sub>38d</sub> - LBW<sub>10d</sub>, FI: Feed intake, FC: Feed conversion= FI<sub>10-38</sub> / BWG<sub>10-38</sub>, PI= BW<sub>kg</sub>/FCR \*100, GR<sub>10to38</sub> = (BW<sub>38</sub>-BW<sub>10</sub>) / [0.5\*(BW<sub>38</sub>+BW<sub>10</sub>)]

Significant differences ( $P \leq 0.05$ ) were shown only for dressed meat and meat% favoring the group fed the diet supplemented with avilamycin and the probiotic followed by prebiotic and symbiotic classified in a descending order had lower estimates for these traits however, insignificant treatment effects were observed for other carcass traits either absolute or %. Males had higher dressing% ( $P \leq 0.05$ ), meat% ( $P \leq 0.01$ ) and lower giblet weight ( $P \leq 0.01$ ) than females (Table 3). However, adding synbiotic, probiotic and prebiotic had no effect on other internal organs and carcass parameters is consistent with other studies (Sarangi et al., 2016) which agreed with the present study. The result of the present study that carcass yield was higher in male than in females, whereas female had higher giblets than males, was consistent with those of Tufan and Bolacali (2017)

**Table (3).** Carcass traits of growing quails at slaughter as affected by treatment and sex (Main effects).

Item	Edible parts(g)	Dressing (%)	Dressed meat(g)	Meat (%)	Giblets (g)	Giblets (%)
Treatment effect:						
Control	155.89	75.45	79.65 <sup>ab</sup>	38.54 <sup>ab</sup>	12.74	6.20
Avilamycin	176.88	76.70	94.82 <sup>a</sup>	40.99 <sup>a</sup>	14.18	6.11
Prebiotic	165.91	78.52	73.67 <sup>b</sup>	34.92 <sup>b</sup>	14.36	5.81
Probiotic	171.78	76.00	81.50 <sup>ab</sup>	36.16 <sup>b</sup>	13.18	6.67
Synbiotic	154.46	74.93	70.73 <sup>b</sup>	33.92 <sup>b</sup>	13.13	6.41
SE	7.33	1.94	4.97	1.49	1.03	0.39
Probability (P)	NS	NS	P ≤ 0.05	P ≤ 0.05	NS	NS
Sex effect:						
Females (F)	167.93	73.90 <sup>b</sup>	79.89	34.96 <sup>b</sup>	14.85 <sup>a</sup>	6.52
Males (M)	161.99	78.73 <sup>a</sup>	80.14	38.85 <sup>a</sup>	12.18 <sup>b</sup>	5.96
SE	4.63	1.23	3.15	0.94	0.65	0.25
Probability (P)	NS	P ≤ 0.05	NS	P ≤ 0.01	P ≤ 0.01	NS
F - M	5.94	-4.83	-0.25	-3.89	2.67	0.56

<sup>a-c</sup>: Means within the same column with different superscript ; NS: Not significant. SE: Standard error ;

Edible parts(g) = Giblets weight(g) + Carcass weight(g)

Dressing % = (Edible parts(g) / LBW<sub>38</sub>(g)) X 100 ; Dressed meat(g)= boneless meat(g)

There were significant ( $P \leq 0.05$ ) treatment effects on carcass ash% and NFE%, carcasses for the group fed the diet supplemented with symbiotic was higher than other treatments whereas those fed the diet supplemented with probiotic had higher NFE%. Males had significantly higher ash% than females, however sex did not influence other carcass chemical components (Table 4).

**Table (4). Carcass chemical composition of growing quails affected by treatment and sex (Main effects).**

Item	Moisture%	CP%	Fat%	Ash%	NFE%
Treatment effect:					
Control	66.60	20.60	9.41	2.00 <sup>b</sup>	1.38 <sup>a</sup>
Avilamycin	66.93	20.34	9.42	1.99 <sup>b</sup>	1.32 <sup>ab</sup>
Prebiotic	66.75	20.69	9.23	2.05 <sup>ab</sup>	1.28 <sup>ab</sup>
Probiotic	66.29	20.82	9.67	1.84 <sup>b</sup>	1.38 <sup>a</sup>
Synbiotic	65.77	21.11	9.63	2.26 <sup>a</sup>	1.22 <sup>b</sup>
SE	0.29	0.21	0.17	0.08	???
Probability (P)	NS	NS	NS	$P \leq 0.05$	$P \leq 0.05$
Sex effect:					
Females (F)	66.62	20.65	9.49	1.94 <sup>b</sup>	1.30
Males (M)	66.31	20.77	9.46	2.12 <sup>a</sup>	1.33
SE	0.19	0.13	0.11	0.05	0.03
Probability (P)	NS	NS	NS	$P \leq 0.05$	NS
F - M	0.31	-0.12	0.03	-0.18	-0.03

SE: Standard error

NS: Not significant

<sup>a...c</sup>: Means within the same column with different superscript

### Blood constituents

All serum biochemical indices at slaughter were (lipid profile and RBS) significantly affected by treatment effect, except liver enzymes (AST and ALT). Supplementing diets with symbiotic, probiotic and prebiotic (in a descending order) resulted in desirably decreased total Chol, LDL, VLDL, RBS and preferably increased HDL compared with the supplemented diet with avilamycin and control groups.

**Table (5). Serum biochemical indices at slaughter as affected by treatment and sex (Main effects).**

Item	Total Chol (mg/dl)	HDL (mg/dl)	LDL (mg/dl)	VLDL (mg/dl)	RBS (mg/dl)	Tri G (mg/dl)	AST (U/L)	ALT (U/L)
Treatment effect:								
Control	189.64 <sup>a</sup>	104.13 <sup>b</sup>	67.51 <sup>a</sup>	18.01 <sup>b</sup>	235.68 <sup>a</sup>	124.79 <sup>a</sup>	99.12	17.33
Avilamycin	188.32 <sup>a</sup>	99.96 <sup>b</sup>	64.15 <sup>a</sup>	24.22 <sup>a</sup>	233.53 <sup>a</sup>	120.99 <sup>ab</sup>	98.90	21.83
Prebiotic	165.79 <sup>b</sup>	103.15 <sup>b</sup>	47.48 <sup>b</sup>	15.17 <sup>b</sup>	213.39 <sup>b</sup>	120.70 <sup>ab</sup>	97.83	23.42
Probiotic	165.22 <sup>b</sup>	111.50 <sup>a</sup>	38.45 <sup>c</sup>	15.27 <sup>b</sup>	213.83 <sup>b</sup>	120.62 <sup>ab</sup>	95.37	20.78
Synbiotic	157.12 <sup>c</sup>	111.63 <sup>a</sup>	33.58 <sup>c</sup>	11.90 <sup>b</sup>	207.65 <sup>b</sup>	111.83 <sup>b</sup>	93.45	21.08
SE	2.47	1.92	2.56	1.98	2.84	3.12	1.64	1.88
Probability	$P \leq 0.001$	$P \leq 0.001$	$P \leq 0.001$	$P \leq 0.01$	$P \leq 0.001$	$P \leq 0.05$	NS	NS
Sex effect:								
Females (F)	178.17	108.39	52.83	16.95	217.01	121.82	96.01	20.59
Males (M)	168.27	103.75	47.64	16.88	224.62	117.75	97.85	21.19
SE	1.56	1.21	1.62	1.25	1.79	1.97	1.04	1.19
Probability	$P \leq 0.001$	$P \leq 0.05$	$P \leq 0.05$	NS	$P \leq 0.01$	NS	NS	NS
F - M	+9.90	+4.64	+5.19	+0.07	-7.61	+4.07	-1.84	-0.60

Chol: Cholesterol, HDL: High density lipoprotein, LDL: Low density lipoprotein, VLDL: Very low density lipoprotein, RBS :Random blood sugar ,Tri G: Triglycerides, AST: Aspartate aminotransferase , ALT: Alanine aminotransferase.

<sup>a...c</sup>: Means within the same column with different superscript . NS: Not significant, SE: Standard error

Females had higher total Chol ( $P \leq 0.001$ ), HDL and LDL ( $P \leq 0.05$ ) but lower RBS than males (Table 5). Probiotic supplementation significantly reduces the serum Chol level of the chickens (Ashayerzadeh et al., 2011). Synthesis of bile acids from Chol in the liver is the most important way of Chol excretion (Wilson et al., 1998). The use of probiotics and prebiotics can decomposing bile salts and deconjugate production of enzymes by the activity of lactic acid bacteria, as well as reduction of the pH in the intestinal tract can be effective in reducing the Chol concentration. Solvability of non-conjugate bile acids is lowered at a low pH and consequently, they are absorbed less from the intestine and are excreted more in the feaces (Klaver and Van der Meer, 1993). Consequently, the liver, for re-establishment of the hepatic cycle of bile acids, converts more Chol concentration into the tissues and therefore their concentrations in the blood is reduced (Ros, 2000). In the growing birds, VLDL is the most important triglycerides carrier. A reduction in the serum triglycerides level may be due to an increase in the population of lactic acid bacteria in the gastrointestinal tract. Santose et al. (1995) suggested that this bacterium can be effective in reducing the activity of acetyl coenzyme A carboxylase (the enzyme limiting the synthesis rate of fatty acids).

#### **Blood antioxidants and Immune globulins**

Either antioxidant parameters or immune responses were affected ( $P \leq 0.001$ ) by treatment effect. Quail fed the diet supplemented with symbiotic followed by prebiotic and probiotic had suitably the highest GPx, IgG, IgA, IgM and the lowest TBAR as compared to other groups. Anti-oxidant enzymes are most effective when acting synergistically with one another or with other components of the anti-oxidant barrier of the organism when their activity remains balanced. It has been shown that nutrition plays a vital role in maintaining the pro-oxidant-antioxidant balance (Cowey, 1986).

Females had lower TBAR than males ( $P \leq 0.05$ ) whereas sex did not affect GPx and all immune responses (Table 6). Immune system enhancement by antibiotic alternatives is attributed to the increase in macrophage activity and higher antibody production on the mucosal surface of some tissues such as the intestine wall. Dhama and Singh (2010) revealed that regular use of probiotics has a prominent effect on the immune system viz. stimulation of both humeral and cell mediated immunity through enriched production of natural interferons/cytokines, increased macrophage, lymphocyte and natural killer cell activity, up regulated oxidative burst in heterophils, and increased immunoglobulin (i.e. IgG, IgM and IgA). Probiotics produce a gut-stabilising effect; and immune regulation, particularly through balanced control of pro-inflammatory and anti-inflammatory cytokines.

#### **Intestinal microflora**

Diets supplemented with prebiotic, symbiotic and probiotic significantly increased useful bacteria (*Lactobacillus*,  $P \leq 0.001$ ) as compared to the avilamycin group and decreased *E. coli* ( $P \leq 0.001$ ) than the control group whereas the avilamycin group had the lowest *E. coli* and *Salmonella* counts. Insignificant sex effects were obtained on useful and harmful intestinal bacteria in growing quails (Table 7). In the present study, antibiotic decreased ileal microbial population of *Lactobacillus* bacteria while the other growth promoters increased it ( $P \leq 0.001$ ). Probiotics as antibiotic alternative can inhibit the growth of pathogenic bacteria and improve the population of non-pathogenic bacteria like *Lactobacillus* by decreasing pH of the gastrointestinal tract (Mazhari et al., 2016) and produce substances such as lactoferrin, lysozyme, as well as several organic acids and volatile fatty acids lowering the pH below that essential for the survival and inhibit the growth of pathogenic, such as *E. coli* and *Salmonella* spp. (Fuller 1989).

## **CONCLUSION**

Groups fed diets supplemented with symbiotic, probiotic and prebiotic in a descending order showed better growth performance than the groups fed diet supplemented with avilamycin and the control. Supplementing diets with symbiotic, probiotic and prebiotic (in a descending order) resulted in desirably decreased total Chol, LDL, VLDL, RBS and preferably increased HDL, had suitably the highest GPx, IgG, IgA, IgM and the lowest TBAR as compared to other groups, and significantly increased useful bacteria (*Lactobacillus*,  $P \leq 0.001$ ) and decreased *E. coli* ( $P \leq 0.001$ ) than the control group whereas the avilamycin group had the lowest *E. coli* and *Salmonella* counts. Therefore, it can be concluded that symbiotic, prebiotic and probiotic in a descending order can be used as safe, economic and healthy alternatives to avilamycin (antibiotic) as growth promoters.

**Table (6). Antioxidant parameters and immune response as affected by different dietary treatments and sex (Main effects).**

Item	Antioxidant parameters			Immune response	
	Treatment effect:	GPx (nmol/min/ml)	TBAR (nmol /ml)	IgG (mg/dl)	IgA (mg/dl)
Control		6.43 <sup>c</sup>	1.86 <sup>a</sup>	936.15 <sup>c</sup>	175.53 <sup>c</sup>
Avilamycin		6.75 <sup>c</sup>	1.76 <sup>a</sup>	848.80 <sup>d</sup>	159.15 <sup>d</sup>
Prebiotic		7.55 <sup>b</sup>	1.43 <sup>b</sup>	1015.23 <sup>ab</sup>	190.36 <sup>ab</sup>
Probiotic		7.37 <sup>b</sup>	1.56 <sup>b</sup>	967.35 <sup>bc</sup>	181.38 <sup>bc</sup>
Synbiotic		8.33 <sup>a</sup>	1.12 <sup>c</sup>	1045.50 <sup>a</sup>	196.03 <sup>a</sup>
SE		0.21	0.05	17.19	3.22
Probability (P)	P ≤0.001		P ≤0.001	P ≤0.001	P ≤0.001
Sex effect:					
Females (F)		7.39	1.48 <sup>b</sup>	947.29	177.62
Males (M)		7.19	1.61 <sup>a</sup>	977.93	183.36
SE		0.13	0.03	11.26	2.11
Probability (P)	NS		P ≤0.05	NS	NS
F- M		0.20	-0.13	-30.64	-5.74
					-3.06

GPx: Glutathione peroxidase; TBAR: thiobarbituric acid, IgG, IgA ,IgM Immunoglobulins G,A,M ; SE: Standard error  
a...d: Means within the same column with different superscript .NS: Not significant,

**Table (7). Useful and harmful intestinal bacteria in growing quails as affected by different dietary treatments and sex (Main effects).**

Item	Lactobacillus (log 10 cfug)	E coli (log 10 cfug)	Salmonella (log 10 cfug)
	Treatment effect:		
Control	6.52 <sup>a</sup>	8.40 <sup>a</sup>	8.22 <sup>a</sup>
Avilamycin	4.72 <sup>b</sup>	5.19 <sup>d</sup>	5.03 <sup>b</sup>
Prebiotic	7.18 <sup>a</sup>	7.98 <sup>ab</sup>	7.77 <sup>a</sup>
Probiotic	7.02 <sup>a</sup>	7.73 <sup>bc</sup>	7.77 <sup>a</sup>
Synbiotic	7.15 <sup>a</sup>	7.38 <sup>c</sup>	7.63 <sup>a</sup>
SE	0.26	0.18	0.19
Probability (P)	P ≤0.001		P ≤0.001
Sex effect:			
Females (F)	6.48	7.35	7.23
Males (M)	6.56	7.32	7.34
SE	0.16	0.12	0.12
Probability (P)	NS	NS	NS
F- M	-0.08	0.03	-0.11

E coli: Escherichia coli, SE: Standard error, cfug: logarithm of colony forming unit per gram of digesta  
a...d: Means within the same column with different superscript

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#### تقييم البريبويوتيك، البريبويوتيك و السنبيويوتيك كمنشط نمو بديل للمضادات الحيوية في السمان الياباني.

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اجريت التجربة الحاليه لتعيين استخدام البريبويوتيك، البريبويوتيك والسنبيويوتيك كمنشطات نمو طبيعية بديله للمضادات الحيويه في علائق السمان الياباني النامي.

تم توزيع 225 كنکوت سمان عمر 10 أيام متساوي الوزن بشكل عشوائي على خمس مجموعات: مجموعة المقارنه (بدون إضافات)، مجموعة المضادات الحيوية (عليقة المقارنه + جرعة تحت علاجيه من أفيلاميسين 8 ملغ / كغ عليقه )، مجموعة البريبويوتيك (عليقة المقارنه + 800g من البريبويوتيك ® MB40 / طن)، مجموعة بروبيوتيك (عليقة المقارنه + 400g من البريبويوتيك أمفي-باكت / طن) مجموعة سنبيويوتيك (عليقة المقارنه + 800g بريبيوتوك + G400 بروبيوتوك). تم تكرار كل مجموعة ثلاثة مرات، 15 كنکوت / مكرر. واظهرت النتائج ان أفضل بديل للمضادات الحيوية من حيث مقاييس النمو الكليه هو السنبيويوتيك الذي اظهر أقل وزن للجسم الحي عند عمر 38 يوم، واعلى وزن جسم مكتسب، وأسرع معدل نمو ، وافضل تحويل غذائي وكان أفضل مؤشر أداء خلال الفترة 10 إلى 38 من المعاملات الأخرى ( 234.42 جرام، 192.98 جرام، 1.4 جرام / جرام، 2.81 جرام / جرام، و 8.46٪). وعلاوه على ذلك، كان السنبيويوتيك أفضل في كل مقاييس دهون الدم، وسكر الدم العشوائي، ووظائف الكبد، مضادات الأكسدة والاستجابة المناعية، وكان أكبر عدد من البكتيريا المفيدة (اللاكتوبليس) وأقل عدد من البكتيريا الضارة ( *E coli* والسلمونيلا) مقارنة مع مجموعة المقارنه. يمكن أن يوصى بأن السنبيويوتيك ، البريبويوتيك و البريبويوتيك يمكن أن تستخدم بدائل آمنة واقتصادية وصحية للأفيلاميسين (المضادات الحيوية) كمنشط للنمو.